

# Living in Kurihara




Kurihara City-Hall

# Guide to Living in Kurihara

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# 1) Check List:

What to do once you move to Kurihara

	How	Where	Note
<b>Resident Registration :</b>	Bring your passport or residence card to your local branch office	City-Hall Branch Office	Must complete within 14 days after arrival.
<b>Acquire Jyuminhyo :</b>	Bring your passport or residence card to your local branch office	City-Hall Branch Office	
<b>Personal Seal Registration :</b> <b>* OPTIONAL</b>	Consult your workplace manager	City-Hall Branch Office	
<b>National Health Insurance :</b>	Consult your workplace manager	City-Hall Branch Office	It may be possible to claim your spouse at a dependent.
<b>National Pension :</b>	Consult your workplace manager	City-Hall Branch Office	You will be able to get certain amount of the money back if you leave Japan permanently.
<b>Water/Sewage :</b>	Contact Water and Sewage Department by phone or submit your application to the office directly in order to start or stop water	Water and Sewage Department Management Section Kannari Branch Office	Submit your application 2~3 days before you intend to start/stop water utility.  The office is closed on weekends and holidays.
<b>Cell Phone Service :</b>	Bring your residence card, seal, and Jyuminhyo to local provider's office		It is technically illegal for you to use a wireless device purchased outside of Japan.
<b>Internet Service :</b>	Bring your residence card, seal, and Jyuminhyo to local provider's office		It usually takes more than 2 weeks before you can access internet.
<b>Driving License :</b>	Refer to Driving in Japan	Miyagi Driving License Center	Do it as soon as possible. The driving test is very difficult and it may require multiple tries.

## 2) Resident Registration

You must register your address at City-Hall's branch office within 14 days after you arrive.  
You may be fined up to 50,000 yen if you fail to register.

### Required Documents:



- 1) Passport(If moving in from foreign country)
- 2) Residency Card
- 3) My-Number card or My-Number Notification card(If you have one)
- 4) Certificate of Moving (Tensyutsu Todoke)  
If you live in Japan and moved from other cities in Japan
- 5) National Pension Handbook

**Location:** At your local City-Hall Branch office

### Acquire Jyuminhyo

Jyuminhyo is your certificate of residency and name.

### Required Documents:

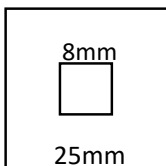
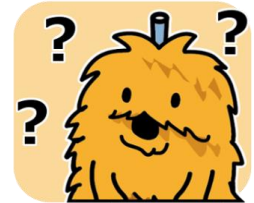
- 1) Identification documents such as residency card, my-number card or passpo
- 2) Application Form  
(Available at city-hall's branch offices)

Cost : 300 Yen / Copy

# 3) Personal Seal Registration

Personal seals are needed for transaction of realestate, getting a loan from a bank, purchasing/selling/totalling a car, joining insurance, claiming insurance, and to receive inheritance.

## Seal Registration Requirement :



- 1) Must be 15 years or older to register a seal
- 2) Must be a registered resident
- 3) The seal must not fit in a 8mm X 8mm square
- 4) The seal must fit in a 25mm X 25mm square
- 5) The seal may only contain your registered full name or parts of the registered name
- 6) The seal must not be made of rubber or other soft materials
- 7) The seal must have a outer frame
- 8) The seal must only contain any information other than the name
- 9) The seal must not be illegible

## Required Document :

- 1) Residency Card or My-number card
- 2) Personal Seal you wish to register

Cost : Registration of the seal                      500 Yen  
Certificate of seal registration              300 Yen/copy

# 4) Garbage Disposal

Please check the garbage disposal calendar for date of garbage collection and take your garbage to collection point designated to your address before the deadline.

## Garbage collected at designated collection points

- Combustible :** Consolidate garbage using trash bag designated as [For combustible garbage] by Kurihara City and place them at designated garbage collection point.
- Non-Combustible :** Consolidate garbage using trash bag designated as [For non-combustible garbage]
- Recyclable Garbage :** Sort 11 types of recyclable garbage separately and tie the recyclable garbage with paper rope before taking them to designated collection point.

## Garbage NOT collected at designated collection points

- Oversized garbage:** Oversized garbage such as bicycles, furnitures, and futons are not collected. Dispose oversized garbage at Kurihara City Clean Center.
- Garbage difficult to process:** Garbage difficult to process cannot be processed at Kurihara City Clean Center.
- Garbage with disposal regulated by law:** Follow recycle regulations accordingly.  
(For TV, fridge, washing machine, air-conditioner, PC)

## Types of garbage recyclable garbage

**Combustible :** Food waste, paper, aluminum foil, wood chip, rubber, fabric, leather, oil container, plastic tube, and other combustible items.

**Non-Combustible :** Electronics, Metal, Glass, Porcelain, Spray Can (Must be punctured)

**Recyclable Garbage :**

- 1) Newspaper    2) Books/Magazines    3) Cardboard
- 4) Paper Packs    5) Paper Wrapping    6) Aluminum Cans
- 7) Plastic Bottle    8) Glass Bottles    9) Steel Can
- 10) Paper Wrapping    11) Plastic Wrapping



## How to dispose your garbage :

- Recyclable Paper :** Pile up all your recyclable paper by type and tie them with paper rope.  
DO NOT Take these out in rain
- Cans, bottles, and other containers** Rins clean and take all the plastic wrapping off.  
Puncture all cans that has no opening.

## Kurihara City Clean Center :

**Location :** Nakayam 1-61 Ichihasama-Yanaginome,  
Kurihara City, Miyagi Prefecture, 987-2309

**Hours :** AM 8:30~11:30    Closed on Weekends and Holidays  
PM 13:00~16:30

**TEL :** 0228-52-3080

**Cost :** 10kg/ 70Yen

**Dog:** 1,570 Yen (city limit)

**Cat:** 840 Yen (city limit)

## 5) Water and Sewage

- Start Water Supply:** Call or submit application to Water and Sewage Department  
Management Section 2~3 days prior to the intended day to begin or end use of water utility.
- Location:** Machioki-200, Kannari-Sawabe,  
Kurihara City, Miyagi Prefecture,989-5171
- TEL:** 0228-42-1130
- Sewage:** Sewage fee will be calculated according to the amount of water used.

## 6) Phone/Electricity/NHK Bill

- Phone :** There are many tele-communication service providers in Japan but NTT Docomo, SoftBank, and AU are the three biggest providers in Japan.

### Required Documents :

- 1) Photo I.D
- 2) Seal
- 3) Credit Card / Cash Card / Passbook



- Internet :** There are many internet service providers in Japan but NTT Docomo, SoftBank, and AU are the three biggest providers in Japan.

### Required Documents :

- 1) Photo I.D
- 2) Seal
- 3) Credit Card / Cash Card / Passbook

**Note :** Internet service will take at least 2 weeks for installation and you must be present while they install your internet hardware. There are a few wireless internet options which could be used immediately, however they are very unstable and slow.

- N H K :** NHK is founded by the Broadcasting Act and is a special corporation under the Ministry of Internal Affairs and Communications thus it has the right to collect subscription fee from residents.

**Cost :** About 15,000 Yen / Year

## 7) National Health Insurance Program

### Who must enroll :

- 1) Self-Employer
- 2) Farmer
- 3) Those whose employer does not offer health insurance
- 4) Retiree
- 5) Foreigners who will stay over 1 year in Japan

**Deductable :** 30% of total cost

**Eligible Medical Care :** 1) Medical examination 2) Medical treatment for injury and sickness  
3) Medication required for treatment 4) X-Ray 5) Hospitalization

**Non-Eligible Medical Care :** 1) Parental care / Birth 2) Abortion for financial reasons  
3) Health exam 4) Plastic surgery 5) Vaccination  
6) Work related injuries and sickness 7) Intoxication  
8) Injuries sustained during illegal activities or by ignoring doctor's advice

**Enrollment :** If you are required to enroll, you will be automatically enrolled once you complete your residence registration.

**Location :** 1 Chome 7-1 Tsukidate-Yakushi, Kurihara City, Miyagi Prefecture, 987-2293

**TEL :** 0228-22-0370

**Hours :** Weekdays: 8:30~17:15 Closed on Weekends/Holidays



## 8) National Pension Program

All residents of Japan between 20 to 60 years of age are required to join the national pension program. You will be able to get most of the pension payment back when you leave Japan. You must enroll in the national pension program for at least 10 years to receive pension after you reach 65 years of age.

### Enrollment :

You are eligible to enroll if

- 1) You are a resident of Japan between 20 to 65 years of age.
- 2) You are a Japanese citizen between 20 to 65 years of age living abroad.

**Cost :** The national pension program charges a fixed fee of 16,610 Yen / Month **2021**

**Location:** 2 Chome 6-1 Tsukidate-Izu, Kurihara City, Miyagi Prefecture, 987-2216

**TEL :** 0228-22-3211

**Hours :** Weekdays: 8:30~17:15 Closed on Weekends/Holidays



## 9) My-Number (Social Security Number)

My-number is used for tax collection, social security, and disaster management.  
Handle your My-number with great caution and do not misplace your my-number card.  
My-number card notification will be delivered to your registered address once you complete your first resident registration. Please contact citizen service department of Kurihara if you do not receive your My-number notification within 30 days.

**Location :** 2 Chome 6-1 Tsukidate-Izu, Kurihara City, Miyagi Prefecture,987-2216  
**TEL :** 0228-22-3211  
**Hours :** Weekdays: 8:30~17:15                      Closed on Weekends/Holidays



## 10) Marriage

You must submit your marriage notification to your local city-hall's branch office if you want your marriage to be legally recognized in Japan regardless of your citizenship.

**Required Documents :** Please contact your local city-hall branch offices for detail.

**Location :** City-hall's branch offices

**Hours :** Weekdays: 8:30~17:15                      Closed on Weekends/Holidays

**Note :** Same-sex marriage is not recognized in Japan therefore will not receive any legal benefits.  
Unlike marriage between two Japanese citizens, if either of the party is not a Japanese citizen, you will not be forced to take the same last name.

# 11) Maternity and Child Support / School System

**Pregnancy** : Submit a pregnancy notification to city-hall's branch office.

**Benefits :**

- 1) 1 Initial consultation with public health nurse
- 2) 1 Initial consultation with nutritionist
- 3) 14 visits to obstetrics and gynecology clinic
- 4) 1 Dental Exam (Performed between 12~36 weeks of pregnancy )



**Child Birth :**

You must register the birth to your city-hall's branch office within 14 days after the child is born.

**Legal Procedures :** You must apply for your child's VISA at regional immigration bureau if the child is going to stay in Japan for more than 60 days.

- 1) Registering the birth of your child

**Deadline :**

14 days after this childbirth

**Location :**

City-hall's branch offices

**Hours :**

Weekdays: 8:30~17:15

Closed on Weekends/Holidays

**Required Documents:**

- 1) Birth Certificate
- 2) Health Insurance Card
- 3) Maternal and Child Health Handbook
- 4) Seal

**Note :**

Make sure you keep the Proo of Birth Registration, you will need it to apply for your child's passport at your embassy.

Apply for your child's residence permit/visa

**Deadline :**

Within 30 days of the childbirth

**Required Documents:**

- 1) Proof of Birth Registration
- 2) Application Form
- 3) Jyuminhyo (With the newbron child included)
- 4) Parents' passport and residence card
- 5) Proof of employment / Tax Certificate /Residence Tax Certificate

**Locatoin :**

Sendai Regional Immigration Bureau  
1-3-20 Gorin, Miyagino-ku, Sendai City, Miyagi Prefecture,983-0842

**Hours :**

9:00~16:00 Weekdays

Closed on Weekends/Holidays

**TEL :**

022-256-6076

## Benefits :



### 1) Nurturing Support

Number of Children	Support Amount
1	20,000 Yen
2	20,000 Yen
3	50,000 Yen
4	100,000 Yen
More than 5	200,000 Yen

### 2) Free Health Care for Children under 18

### 3) Child Benefit (Until age 15)

Age	Support Amount
Under 3	15,000 Yen / Month
Over 3 until graduation from Elementary school	10,000 Yen / Month
Over 3 until graduation from Elementary school	15,000 Yen / Month
Junior-High School	10,000 Yen / Month

### 4) Nurturing Support Coupon

Amount : 36,000 Yen / Child

Coupons may only be used in designated shops for designated products such as diaper, baby formula, and other child care products.

### 5) Family Support Specialist Visit (Upon Request)

Eligibility : Families with children under 18  
 Purpose : To support parents with feel anxious raising children.  
 Content : Any type to parenting support.  
 Frequency : Up to twice a week  
 Duration : 2 Hours / Visit

### 6) Family Support Center (Nanny Service)

Eligibility : Family with children not yet in elementary school  
 Time: 9:00~17:00 Weekends and Holidays  
 Cost: Free(There may be some event that require payment)  
 Event: Check 「広報くりはら」and Kurihara city's website 「イベント・募集・相談」for more info

For any questions regarding pregnancy, parental support, and other benefits, please contact Kurihara City-Hall

**Location :** 1 Chome 7-1 Tsukidate-Yakushi, Kurihara City, Miyagi Prefecture,987-2293

**Hours :** Weekdays : 8:30~17:15 Closed on Weekend and Holidays

**TEL :** 0228-22-2360

# School System :

## Kindergarten :

**Eligibility :** Children between age 3~5 may apply to enter

**Kindergarten Schedule :** Weekdays: 8:30(Class start at 9:00)~13:00  
Days off : Weekends, Holidays, Winter/Summer Vacation

**School Lunch :** All kindergartens in Kurihara provide lunch.

**School Bus :** All kindergartens provide shuttle bus in designated area.

**COST :** Tuition        FREE  
Lunch         FREE  
There may be additional cost for school materials.

**Application Deadline :** Early November ~Early December  
Please call for detail.

## Day-care :

**Eligibility :** All applications will be reviewed.  
(Those who are unable to attend their children before/after kindergarten due to work, pregnancy, sickness are eligible to utilize day-care service.)

**Day-Care Schedule :** Weekdays: 7:30~8:30 13:00~18:30  
Saturdays: 7:30~18:30  
Extended Time: 7:00~7:30 18:30~19:00  
Winter/Summer Vacation: 7:30~18:30  
Not Available on Sundays, Holidays, New Year (Decemebr 29 ~January 3)

**COST :** 450yen/use  
If approved to use day-care, the cost will be free.  
If the child is a resident outside of Kurihara, please acquire approval to use day-care facility by the city of residence.

## Application :

### Required Documents :

- Day-Care:** 1)Day-Care Application Form  
2)Employment Report Form  
3)Application to use child-care facilities

**Location :** Local city-hall's branch offices

**Application deadlines and Hours :** Weekdays: 8:30~17:15  
Closed on Weekends and Holidays

## Elementary School



Children or foreign citizens are not required to receive mandatory education in Japan. However, Japan respects basic human rights and ensures all her residents' right to receive basic education from elementary school through junior-high.

Public education is free and text books will be provided free of charge.

Your local board of education will notify you by mail once your child is of age to attend public school.

**Age :** All children who has turned 6 by April 1st are eligible to receive 9 years of public education until first March 31 after turning 15.

**For more information, contact the Board of Education.**

**Address :** Machioki-200, Kannari-Sawabe, Kurihara City, Miyagi Prefecture.989-5171

**Hours :** Weekdays : 8:30~17:15      Closed on Weekends / Holidays

**TEL :** 0228-42-3513

## Junior-High School

You will be automatically enrolled in a junior-high school in your district unless you proceed to enroll in a private school.

**For more information, contact the Board of Education.**

**Address :** Machioki-200, Kannari-Sawabe, Kurihara City, Miyagi Prefecture.989-5171

**Hours :** Weekdays : 8:30~17:15      Closed on Weekends / Holidays

**TEL :** 0228-42-3512

# 12) Consultation/Translation Service

If you have any questions or need translation, please visit the city-hall during normal business hours or call to make an appointment.

## Kurihara City, Citizen Collaboration Department

**Address :** 1 Chome 7-1 Tsukidate-Yakushi, Kurihara City, Miyagi Prefecture,987-2293

**Hours :** Weekdays: 8:30~17:15      Closed on Weekends / Holidays

**TEL :** 0228-22-1164

# 13) Driving in Japan

There are 4 ways in which one can legally operate a vehicle in Japan.  
Read carefully for your own benefit.

- 1) International Driving Permit
- 2) Driving with a foreign driving license
- 3) Transfer foreign driving license to Japanese license
- 4) Obtaining Japanese driving license



## 1) International Driving Permit (IDP)

- Apply through AAA or AATA (U.S.A)  
(These are the only organizations authorized to issue IDP in the US)
- Valid for ONLY 1 year in Japan  
(You must leave Japan for 3 month and apply for a new IDP before you can drive with IDP in Japan again.)
- You must carry both IDP and your original driving license.

## 2) Driving with a foreign driving license

Eligible Countries:

Estonia, Switzerland, Slovenia, Germany, France, Belgium, Monaco, Taiwan

- Obtain a translation of your original driving license from:
  - Organization that issued your original driving license
  - Embassies of your country in Japan
  - Japan Automobile Federation(JAF)

### 3) Transfer foreign driving license to Japanese license

#### Eligibility :

- 1) Must hold a valid driving license.
- 2) Must be 18 years or older.
- 3) Must be able to show proof that you have resided over 90 days after you obtained your driving license in the issuing country.

#### Required Documents :

- 1) Valid Driving License
- 2) Translation of your driving license issued by Embassy or JAF
- 3) Jyuminhyo  
With Nationality listed and WITHOUT my-number
- 4) Passport  
(Proof that you have resided in the issuing country of your driving license)
- 5) Residence Card
- 6) Photo: 3cm X 2.4cm  
(May be obtained at photo booth in Driving License Center.)

**Location :** Miyagi Driving License Center

**Address :** Takakura-65 Ichinazaka, Izumi-Ku, Sendai City, Miyagi Prefecture, 981-3117

**Hours :** Weekdays: 8:30~17:15 Closed on Weekends / Holidays  
Reception for foreign license transfer : 13:00~13:30

**TEL :** 0223-73-3601

#### 【Examination】

**Written Exam :** You must answer at least 7 out of the 10 question correctly.

**Languages Available :** Japanese, English, Korean, Chinese, Persian, Portuguese, Spanish, Russian, Thai, Tagalog

**Driving Exam :** You must drive through the designated course and complete the exam with at least 70 points remaining. (Extremely Difficult)  
\*Must be accompanied by interpreter if not fluent in Japanese

**Exemption :** Driving License issued by the following countries are EXEMPT from both the written and the driving exam.

Iceland, Ireland, USA (Maryland), USA (Washington), the U.K,

Australia, Austria, the Netherlands, Canada, Korea, Greece,

Switzerland, Sweden, Spain, Slovenia, Czech Republic,

Denmark, Germany, New Zealand, Norway, Finland, France,

Belgium, Portugal, Monaco, Luxemburg, Taiwan

# 14) International Exchange Organization

## Kurihara Internaitonal Friendship Association

**Purpose :** KIFA hosts many internaitonal exchange activities as well as Japanese classes through out the year. However, the organization does not update their website or social media accounts very often. In order to obtain up to date information, please visit KIFA office or give them a call.

**URL:** <http://kifa.webcrow.jp/>

**Activities :**

- 1) To promote internaitonal exchange
- 2) To support foreigners living in Kurihara
- 3) To support students to study abroad
- 4) To facilitate intercultural understanding
- 5) To facilitate signing of sister city agreement

**Address :** 2 Chome 6-1 Tsukidate-Izu, Kurihara City, Miyagi Prefecture,987-2216

**TEL :** 090-7791-3156

# 15) Japanese Classes

The City of Kurihara in collaboration with KIFA provides Japanese classes on a weekly bases.

**Location :** 2 Chome 6-1 Tsukidate-Izu, Kurihara City, Miyagi Prefecture,987-2216

**Hours:** Class will resume upon request.

**COST :** 2,000 Yen / Month

**TEL :** 090-2997-9973





# 16) List of kurihara City Facilities

## Kurihara City-Hall

Address: 1 Chome 7-1 Tsukidate-Yakushi, Kurihara City, Miyagi Prefecture,987-2293  
TEL : 0228-22-1122  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Tsukidate Branch

Address: 2 Chome 6-1 Tsukidate-Izu, Kurihara City, Miyagi Prefecture,987-2216  
TEL : 0228-22-1111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Wakayanagi Branch

Address: Kawaminamitononishi-4, Wakayanagi, Kurihara City, Miyagi Prefecture,989-5502  
TEL : 0228-32-2121  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Kurikoma Branch

Address: Enkyojiushiro-155 Kurikoma-Iwagasaki, Kurihara City, Miyagi Prefecture,989-5301  
TEL : 0228-45-2111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Takashimizu Branch

Address: 39 Takashimizu-Nakamachi, Kurihara City, Miyagi Prefecture,987-2186  
TEL : 0228-58-2111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Ichihasama Branch

Address: Shimizutagawamae-5 Ichihasama-Masaka, Kurihara City, Miyagi Prefecture,987-2308  
TEL : 0228-52-2111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Semine Branch

Address: 37-2 Semini-Chojahara. Kurihara City, Miyagi Prefecture,989-4516  
TEL : 0228-38-2111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Uguisuzawa Branch

Address: 74-1Uguisuzawa-Nangotsujimae, Kurihara City, Miyagi Prefecture,989-5492  
TEL : 0228-55-2111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Kannari Branch

Address: Machioki-200, Kannari-Sawabe, Kurihara City, Miyagi Prefecture,989-5171  
TEL : 0228-42-1111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Shiwahime Branch

Address: Minamioki-452 Shiwahime-Numazaki, Kurihara City, Miyagi Prefecture,989-5692  
TEL : 0228-25-3111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## Hanayama Branch

Address: Honsawakitanomae-77 Hanayama, Kurihara City, Miyagi Prefecture,987-2592  
TEL : 0228-56-2111  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays

## City Hospitals

### Kurihara Central Hospital

Address: 3 Chome-1-1 Tsukidate-Miyanochuo, Kurihara City, Miyagi Prefecture,987-2205  
TEL : 0228-21-5330  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays  
Call to make an appointment

### Wakayanagi Hospital

Address: Kawakitaharahata-23-4 Wakayanagi, Kurihara City, Miyagi Prefecture,989-5501  
TEL : 0228-32-2335  
Hours : Weekdays: 9:00~12:00 Closed on Weekends/Holidays  
Call to make an appointment

### Kurikoma Hospital

Address: Matsukida-10-1 Kurikoma-Iwagasaki, Kurihara City, Miyagi Prefecture,989-5301  
TEL : 0228-45-2211  
Hours : Weekdays: 8:30~17:15 Closed on Weekends/Holidays  
Call to make an appointment

### Takashimizu Clinic

Address: 7 Takashimizu-Sakuracho, Kurihara City, Miyagi Prefecture,987-2133  
TEL : 0228-58-2020  
Hours : Weekdays: 8:30~11:30 13:30~16:30 Closed on Weekends/Holidays  
Call to make an appointment

### Semine Clinic

Address: 37-2 Semini-Chojahara, Kurihara City, Miyagi Prefecture,989-4516  
TEL : 0228-38-3121  
Hours : Weekdays: 8:30~11:00 13:30~16:00 Closed on Weekends/Holidays  
Call to make an appointment

### Uguisuzawa Clinic

Address: Nangohiroomote-38-1 Uguisuzawa, Kurihara City, Miyagi Prefecture,987-5402  
TEL : 0228-55-3511  
Hours : Weekdays: 9:00~11:30 13:30~16:30 Closed on Weekends/Holidays  
Call to make an appointment

### Hanayama Clinic

Address: Honsawakubo-36-9 Hanayama, Kurihara City, Miyagi Prefecture,987-2511  
TEL : 0228-56-2013  
Hours : Weekdays: 9:00~11:30 13:30~16:30 Closed on Weekends/Holidays  
Call to make an appointment

# Board of Educatoin

Address: Machioki-200, Kannari-Sawabe, Kurihara City, Miyagi Prefecture,989-5171

TEL : 0228-42-3511

Hours : Weekdays: 8:30~17:15

Closed on Weekends/Holidays

